



# BREAKFAST

## GOOD MORNING

- Breakfast Sandwich** toasted with egg, bacon, and cheddar 13
- Avocado Toast** avocado, chopped tomato, red onion, fresh arugula, topped with an egg and balsamic reduction 16
- French Toast** custard dipped house baked bread, grilled, dressed with seasonal fruit, real cream and canadian maple syrup 17
- Breakfast Saute** sweet potatoes, peppers, spinach, and red onion, topped with crispy kale, an egg and our citrus yogurt sauce 22
- Little Breakfast** 2 eggs, bacon, ham or sausage and toast 14
- Trellis Country Breakfast** two eggs any style, ham, bacon or sausage, baked beans, house fries, toast 21
- Granola bowl** our signature granola, with a blend of seeds, a touch of coconut, house dried fruit, honey and grains on top of greek yogurt with fresh fruit 15

## SIDE ORDERS

- Toast & Jam** 5
- House Fries** 6
- Ham, Bacon or Sausage** 5
- Baked Beans** 4
- One Egg** 3
- Sliced Tomato** 5
- Hollandaise Sauce** 5
- Real Maple Syrup** 4
- Fishcake** 5

## THREE EGG OMELETTE

Served with toast 19

CHOOSE 1

Cheddar or brie

CHOOSE 2

Oulton's bacon or ham, peppers, red onion, or spinach

Additional items 2

## CHILDREN 10 & UNDER

- One Egg Any Style** with choice of ham, bacon or sausage and toast 11
- French Toast** one thick golden slice served with maple syrup 10

## WEEKEND BRUNCH

Served until 3:00pm

- Eggs Benedict** with ham 19
- Eggs Florentine** with spinach 20
- Eggs Norwegian** with smoked salmon 25
- Lobster Benedict** 32
- The Cod Father** 25

Served with orange almond salad and house fries

V - Vegetarian GF - Gluten Free V\* GF\* Available upon request

Most but not all ingredients are listed above, please let your server know if you have any allergies or dietary restrictions before ordering